



# PUBLIC HEALTH AND TRADITIONAL MEDICINE IN THE ANDES

**Discussing the Challenges of Public Health,  
Medical Practices and Government Policy in  
the Peruvian Andes.**

**Providing 2 Pontificia Universidad  
Católica del Perú credits**

Please note that program deadlines and dates are subject to modification.  
 Last updated: December 9, 2020

## Public Health & Traditional Medicine in the Andes Region Abstract

### Quick Fact Sheet:

Type of Program	Direct Enroll	Language of Instruction	English
<b>Course Study/Focus</b>	Sociology Anthropology Latinx Studies Pre-Med Peace and Conflict Studies Psychology World languages, literature and cultures Social services Environmental Studies Health Studies	<b># of Credits offered</b>	2

*\*If you're coming from a partner school, please contact your study abroad office before officially enrolling in any course.*

### Program Details:

This course is an innovative, online study abroad option for students that offers the opportunity to authentically explore and learn about another culture while earning university credits from the prestigious Pontificia Universidad Católica del Perú (PUCP) located in Lima, Peru.

This course provides a basic understanding of Public Health and the most important indicators to track health at the population level. It uses global, regional and local (Peruvian) examples to present, understand and analyze a variety of health indicators. It will also prompt discussion and exchange to comprehend the complex networks that form the basis of well-being and disease.

The course will advance cross-cultural comparisons regarding the study of social values involved in health, the cultural nature of notions of health and disease, the coexistence of Western and non-Western systems and practices in the region. In addition, a series of practical cases on health dynamics in indigenous or native territory will be seen.

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### **Instruction Delivery:**

This course centers around two equally important aspects: academic coursework with Pontificia Universidad Católica del Perú (PUCP) and cultural & discussion module that EdOdyssey will lead.

Classes with PUCP involve the presentation of problems and reflection led by the teacher as a facilitator of learning. This is complemented with some introductory readings on the topics and with a small group of guests to see specific cases of developments in health experiences.

EdOdyssey-led cultural & discussion weekly sessions will focus on participants' learning process about specific important topics that will allow them to connect themselves with Peruvian culture. Students will receive authentic support resources to engage them to make the course content fun, interesting and active in order to create a meaningful discussion at the end of every session.

### **Credits/Certificate Details:**

Two (2) Pontificia Universidad Católica del Perú academic credits.

***IMPORTANT: EdOdyssey provides support providing the transcripts from PUCP but doesn't act as a formal accreditation service or provide any accreditation services.***

### **Facilitators:**

The Academic Module of the course will be taught by Gabriela Salmon, researcher in Public Health. Bachelor of Science, Biology with a minor in Biotechnology at the Universidad Nacional Agraria - La Molina, Peru. Gabriela completed epidemiology studies at the master's level at the Universidad Peruana Cayetano Heredia.

She obtained her Ph.D. from the Department of International Health, Epidemiology and Global Disease Control, Johns Hopkins University Bloomberg School of Public Health.



The Cultural & Discussion Module of the course will be taught by EdOdyssey's Program Coordinator Patricia Valencia, who has organized and led immersion, educational & cultural programs across various regions of Peru with dozens of American students from middle school, high school and institutions of higher education for the last three years and counting.

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**Requirements:**

For this course, we encourage you to meet the following requirements:

- A webcam and a microphone for class activities
- Virtual attendance is mandatory for at least 70% of each course's activities. Unjustified absences to more than 30% of the activities will result in not being awarded the course's credits and not receiving an official transcript.

**Resources/Materials:**

Cultural Modules will include EdOdyssey-led sessions involving movies, documentaries, short videos and presentations. All program-related content will involve visuals for students to engage and participate in discussions.

**Grades Conversion:**

DEFINITION	GRADE (PERU)	GRADE (USA)	ECTS SCALE
HIGH DISTINCTION	18 or more	A+	A
	17	A	A
	16	A-	A
DISTINCTION	15	B+	B
	14	B	B
CREDIT	13	B-/C+	C
	12	C/C-	D
PASS	11	D+/D	E
FAIL	10 or less	F	F

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**Salud Pública, Sanación y Medicina Tradicional en la Región Andina Details:**

Academic Sessions	Cultural Sessions
<ul style="list-style-type: none"> <li>→ Public health: definitions and indicators</li> <li>→ Social and structural determinants of health</li> <li>→ Global and regional actors in public health</li> <li>→ Global burden of disease</li> <li>→ The Millenium Development Goals and the Sustainable Development Goals</li> <li>→ Women's health and maternal and child health</li> <li>→ Non-communicable diseases</li> <li>→ Non-communicable diseases: Peru</li> <li>→ Communicable diseases and neglected tropical diseases</li> <li>→ Communicable diseases: Peru</li> <li>→ Urban, peri-urban and rural health</li> <li>→ Diversities and disparities in public health</li> <li>→ Including indicators in public health programs</li> <li>→ Overview of health care systems</li> <li>→ The focus on primary health care</li> <li>→ Public health and climate change</li> <li>→ One Health Approach to public health</li> <li>→ The current pandemic: epidemiology and public health response</li> <li>→ The current pandemic: vaccines and challenges</li> </ul>	<ul style="list-style-type: none"> <li>→ <b>Orientation &amp; Introduction: Welcome to Peru</b></li> <li>→ <b>Historical background: Incan Empire, Colonization, Independence, Terrorism &amp; Political crises</b></li> <li>→ <b>Lima is not Peru: Regions, Migration and Traditions</b></li> <li>→ <b>Peruvian Cuisine (Let's try our first Causa Rellena!)</b></li> <li>→ <b>How is Peru displayed? Music and movies</b></li> <li>→ <b>Soccer Culture: Peruvians and their weird fanaticism for football</b></li> <li>→ <b>Feminism, Women Empowerment and Community LGBTQ</b></li> <li>→ <b>Political background and Bicentennial Generation</b></li> <li>→ <b>Peruvian Social Reality: 2020</b></li> <li>→ <b>How was Studying Abroad in Peru for me?</b>            Guest speakers: Sarah Shorter, Stephen Perez and Jodalis Gonzalez</li> <li>→ <b>Peruvian Identity</b>            Guest speakers: Peter McGovern</li> <li>→ <b>Reflection &amp; Farewell</b></li> </ul>

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## SPRING TERM DETAILS

<b>Program Start</b>	February 1st	<b>Program End</b>	<ul style="list-style-type: none"> <li>➤ <u>Academic Coursework:</u> April 22th</li> <li>➤ <u>Cultural Workshops:</u> April 30th</li> </ul>
<b>Program Start Date &amp; Frequency</b>	<u>PUCP classes:</u> Tuesdays & Thursdays from 5PM to 6:30PM (EST) <u>Cultural Module: 2 options</u> <ol style="list-style-type: none"> <li>1. Fridays from 10AM to 12M (EST)</li> <li>2. Fridays from 3PM to 5PM (EST)</li> </ol>	<b>Important Course Dates</b>	<ul style="list-style-type: none"> <li>➤ <u>Early Registration Deadline:</u> November 30th</li> <li>➤ <u>Registration Deadline:</u> January 15th</li> </ul>

### Spring Semester Academic Structure/Overview:

Days/Hours (EST)	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING					<b>Option 1</b> Cultural Module 10AM - 12PM
NOON					
AFTERNOON		<b>Public Health &amp; Traditional Medicine in the Andes Region</b> 5PM - 6:30PM		<b>Public Health &amp; Traditional Medicine in the Andes Region</b> 5PM - 6:30PM	<b>Option 2</b> Cultural Module 3PM - 5PM

➔ 5 hours per week

➔ **Spring Break:** from March 15th to March 19th there will be no classes

➔ **Academic sessions:** Public Health & Traditional Medicine in the Andes Region Hours

➔ **Cultural Module:** Students will choose their preferred time